





# OMNI WELLNESS ENERGY ENHANCEMENT SYSTEM GUIDE

"THE POWER THAT MADE THE BODY HEALS THE BODY"

### BENEFITS PEOPLE HAVE REPORTED:





























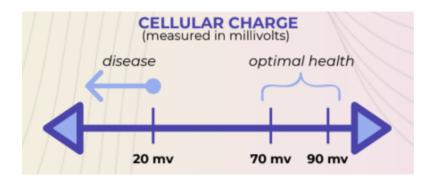


### HOW DOES THE EESYSTEM WORK?

This revolutionary technology, developed over 20 years ago by Dr. Sandra Rose Michael, Ph.D, DNM, DCSJI, uses custom installed computers which generate bio-active energy fields called "scalar waves". These promote wellness for cell rejuvenation, improved immune function, relief of pain, body detoxification, elevated mood and consciousness, and the balancing of the right and left brain hemispheres for increased energy levels. Ultimately, it assists in facilitating an optimal healing environment that can assist the body to begin healing itself.

### EVERY CELL HAS AN ELECTRICAL CHARGE

Health starts within your cells. A high electrical charge within your cells will lead you to experience health and a low electrical charge will lead you to experience disease. **The goal is to charge our cells to facilitate good health.** 



Therefore, one of the main intended components of the EESystem is to charge the cells based on the principle that we interact with the energetic resonance of our environment. When you're in an environment that is charged at 70-90 millivolts and spend enough time in that environment, your cells will begin to assimilate and sync to their optimal charge levels which promotes the body to heal itself on potentially a multitude of levels.





## HOW SHOULD I PREPARE FOR MY SESSION?



Arrive 10 minutes early for your session. Use our bathroom facilities before your session.



Clothing

Dress comfortably, bring layers to keep you warm.



Make sure you're not hungry. Have a light meal or snack before hand. No food in the lounge.



Bring your water bottle with you. We have filtered water if you need a refill.



Come ready to relax, unplug and take time out. Please be quiet so others can meditate/sleep.



#### No shoes

No shoes or bare feet in the lounge. Please wear your socks.



#### Fragrance free

Please avoid wearing strong perfumes and fragrances in the lounge



During your session, you will be treated to solfeggio frequency music to support your healing.



#### Unplugged

Please turn your phone and any devices off while in the lounge.



#### **Darkness**

Bring your eye mask if you'd like complete darkness (optional).

## HOW WILL I FEEL IN MY **SESSION?**

People have commented that they are surprised how quiet their mind is and how deeply relaxed they feel within minutes. Some individuals report feeling a subtle tingly sensation immediately upon entering the room.

Afterward, many people report feeling energised, calm and centred.

## **DURING YOUR SESSION** WE RECOMMEND...

- Let go of any expectations you may have about your session outcomes and allow your body's innate wisdom to decide how and what it needs to work on first.
- Positive thoughts. Remember to think about what you want rather than what you don't want during your session.
- Drink plenty of water before and after your EESystem session. It will help your body adjust to the energy.



## HOW OFTEN SHOULD I COME?

The effects of sitting in the scalar energy are cumulative. The more you sit in the scalar lounge, the more the body calibrates to homeostasis. The deeper you relax, the more profound the results.

Dr. Sandra recommends that you complete 20 hours in the lounge as close together as possible. Aim for a minimum of 1-2 days between sessions to do your salt baths and allow your body time to assimilate.

We have the following packages to support you:

**BREATHE** 3 X 2HR **SESSIONS** \$420

REST 5 X 2HR **SESSIONS** \$650

RECHARGE 10 X 2HR **SESSIONS** \$1,250

REGENERATE 12 X 2HR **SESSIONS** \$480 p/m

### **AFTERCARE**



#### SALT BATHS

The Developer of the Energy Enhancement System, Dr. Sandra Rose Michael insists on a 30 minute salt bath after each session, and recommends additional soaks in the days that follow. This is necessary for the detoxification and balancing process. Those who avoid the detox bath and/or don't drink enough water, often report negative detox effects after their session e.g. headache, achy body, feeling fluey and lethargic.

If you don't have a bath at home, a foot bath will still work well - the water level just needs to come up to your knees so there is as much of the skin's surface area in the water as possible. Make it as hot as is comfortable and do the foot bath for 30 minutes using the detox blend that we have available for purchase in the centre. Just shake the packet and use half of the packet per foot bath.

We have the special salt blends available for sale both in the centre and online. Our salt bags are \$20 each.

#### CAN LUSE EPSON SALTS?

Epsom salts are not actually included in the Detox Salt Bath blend and will not do what is required for the body after an EESystem session. Dr Sandra Rose Michael, the inventor of the EESystem has developed this special blend of salts based on her experience of working with EESystem clients for over four decades.

#### EAT CLEAN

Now that you've raised your cells' electrical charge the best way to keep it is by eating healthy organic whole foods. Avoid fast foods and foods saturated in preservatives, and artificial flavourings.

#### DRINK WATER

Make sure you keep your body hydrated to support the detoxification process.



### **DETOX SALTS**

As your body returns to homeostasis and balance, it will begin to detox impurities and toxins from the cells. The salt baths will assist your healing by drawing out the impurities, so they are not reabsorbed by the body.

We recommend that you use the detox salts after every session. This is not an optional extra. Salts pouches \$20



### RECHARGE SALTS

Following your detox salt bath and the removal of impurities, you will also draw out some good minerals as part of the detox process. A great way to recharge your body with beneficial minerals is to do a Recharge Salt bath in the days following your EESystem session.

The Recharge Salts contain a powerful mixture of minerals to support your cellular functioning and allows for a fast cellular infusion through the body's largest organ – your skin. Salt pouches \$20

### **EESYSTEM PRODUCTS**





#### **EEMedallion**

EESystem Scalar Wearable. Choose your stone and have bio active fields with you 24/7. Your field is optimised, energised and harmonised by this life enhancing technology.



#### **EEBracelet**

Your choice of stone. Allows you to carry the hyper-charged bio active fields with you 24/7. Strengthen, enhance and optimise your cellular functioning everyday.

\$110



### Onyx Agate Duo

\$180 stone. A

Available in Onyx and Agate stone. A beautiful double strand bracelet containing the super conductive bio active fields found in the EESystem technology. 24/7 cellular wellbeing.



#### **Shower Filter**

\$175

15-stage filtration, removing up to 99% of chlorine, sediment, hydrogen sulfide, and water-soluble heavy metals. Water quality is improved by elements of scalar energy which is shown to re structure water.



### Tonic Eye Mask From \$20

Comes in a variety of colours and fabrics including cotton, velvet and satin. Available for purchase in store.



#### **Gold Facial Mask**

\$35

Crystal Collagen Gold Powder Facial Mask. This innovative gold biocollagen facial mask is formulated with pure gold, natural bioingredients, and hydrating compounds.

### GIFTS OF WELLBEING

Gift vouchers <u>available</u> for any scenario ~ loved ones, friends, corporate colleagues. Gift vouchers, wrapping & boxes available for sessions, salt pouches & wearables.



## FOR MORE INFORMATION...

Please visit the Frequently Asked Questions section of our website. You can access the FAQs by clicking <u>here</u> or scanning the QR code.

